

Simple Steps for Managing Conflict



Identify

What is the root of the problem? What part have I played in this? What's the best outcome for everyone?

Understand

Take it in turns to explain your side of the story. Use active listening skills and open questions.

Brainstorm

Write a list of potential resolutions, paying special attention to any that you agree on. Channel your logical thinking and emotional intelligence.

Agree

Choose a solution that keeps everyone happy. This isn't always possible, but compromise is important.

Document

Write a message between you both, committing to the decision you've made.

Monitor

Agree to check in with each other at a later date. If there's a problem, you can go back and brainstorm other options.



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Produced to support iHASCO's Conflict Resolution Training. Please contact us for further information.

