
Deprivation of Liberty Safeguards (DoLS) Training

For more information, visit our [Deprivation of Liberty Safeguards \(DoLS\) Training](#) webpage.

COURSE CONTENTS

This training course is broken down into 4 sections

- 1 What is Deprivation of Liberty?
- 2 Authorising a Deprivation of Liberty
- 3 The Safeguards
- 4 The Importance of Record Keeping

LEARNING OUTCOMES

- ✓ Understand the importance of keeping records in relation to DoLS
- ✓ Understand what deprivation of liberty means and who it affects
- ✓ Understand both types of authorisation procedures

ABOUT THIS COURSE

Depriving someone of their liberty **is a major step to take**, and this training guides you through the **correct process**.

The **Deprivation of Liberty Safeguards** were introduced to help **protect a person's rights**, as well as protecting them from harm and ensuring any necessary action is taken in a safe, **correct, and sensitive way**.

2015 - 2016 saw **the most DoLS applications ever received** by councils up and down the UK since the DoLS were introduced in 2009. **195,840** applications were reported by councils, which means that for every **100,000 adults in the UK**, **454 [DoLS applications were reported](#)**.

This training explains what these **safeguards** are and the **six assessments which must be done** before a deprivation of liberty can be authorised. It looks at the differences between **restraint**, **restriction**, and **deprivation** and explains why it's so important to have policies in place, follow procedures and **keep records**. It tells you which forms are required at each point and includes a step-by-step guide to the urgent authorisation procedure.

Caring for someone who you think may lack the capacity to make decisions for themselves? You may also find our [assessing mental capacity training](#) and our [safeguarding vulnerable adults training](#) helpful.