
Drug and Alcohol Awareness Training

For more information, visit our [Drug and Alcohol Awareness Training](#) webpage.

COURSE CONTENTS

This training course is broken down into 3 sections

- 1 The Problem with Drugs and Alcohol
- 2 The Effects that Drugs and Alcohol Can Have on Health
- 3 People and Policies

LEARNING OUTCOMES

- ✔ Have a better understanding of the negative effects of drugs & alcohol
- ✔ Understand your responsibilities regarding drugs and alcohol
- ✔ Learn what can be done about the problem through people and policies

ABOUT THIS COURSE

Every year thousands of lives are ruined by alcohol and drug abuse. Private life suffers, health suffers, jobs suffer.

In the UK, thousands of people seek treatment every year for drug and alcohol abuse. Substance dependency is a serious problem which damages the health of individual users, affects their relationships with family and friends, can be dangerous to their colleagues, and even has wider knock-on effects which impact tax-payers and society as a whole.

It results in as many as 17 million lost working days every year, costs £6 billion in productivity, and treatment for alcohol and drug-related health issues and injuries puts a huge strain on an already overstretched NHS.

Just one person in the workplace affected by drugs or alcohol can put everyone at risk; this course aims to raise awareness of substance abuse so that it can be dealt with before it becomes a problem at work.

This Drug and Alcohol Awareness course is intended to raise awareness about substance abuse and the effects it has on users and the workplace, it doesn't replace face-to-face training which is needed in addition to complete the all-round skills and knowledge to be able to carry this forward practically within your organisation.