Emergency First Aid at Work Training - Refresher

For more information, visit our Emergency First Aid at Work Training - Refresher webpage.

COURSE CONTENTS

This training course is broken down into 3 sections

1. The Primary Survey
2. The Secondary Survey
3. First Aid Treatment

LEARNING OUTCOMES

- Refresh your knowledge about the role of an emergency first-aider and their responsibilities
- Refresh your knowledge on how to administer CPR and use an AED
- Refresh your knowledge on how to assess a situation and circumstances to act safely and effectively in an emergency

ABOUT THIS COURSE

Between 2017-2018, there were 555,000 non-fatal injuries in workplaces and 144 fatal injuries.

The British Red Cross found that only 5% of adults have the skills and confidence to provide first aid in emergency situations. This shows how essential Emergency First Aid at Work (EFAW) can be and just how important it is to equip staff with the correct skills to respond to accidents and emergencies in the workplace.

Our CPD Accredited **Emergency First Aid at Work (EFAW) Refresher Training** is the perfect course for all emergency first aiders across all industries. Your staff will refresh their understanding of:

- the role of an emergency first aider and the need for recording incidents and preventing cross-infection
- how to assess a situation and circumstances to act safely and effectively in an emergency
- how to administer first aid to those who are; unconscious, choking, burned, wounded and bleeding or someone suffering from shock
- how to administer CPR and how to use an AED
- how to provide first aid for minor injuries (cuts, grazes, bruises, minor burns, etc.)

Please note that this online training course does not give you the full practical training of first aid or emergency first aid. It provides general awareness but should not be used as a replacement for practical training.

Our other online first aid courses include First Aid at Work Refresher Training, First Aid Requirements & RIDDOR and First Aid Appointed Person Training.

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