

Communication Skills Training

For more information, visit our [Communication Skills Training](#) webpage.

COURSE CONTENTS

This training course is broken down into 2 sections

- 1 What is Communication?
- 2 Overcoming Barriers

LEARNING OUTCOMES

- ✔ Understand the benefits of effective communication skills
- ✔ Understand how to eliminate communication roadblocks
- ✔ Build relationships that emphasise trust and respect

ABOUT THIS COURSE

Unfortunately, sometimes there is a mismatch between what we are trying to communicate and how it is understood.

However, if we continue to work on our communication skills, it makes us far more likely to be able to express ourselves in a way that others can clearly understand.

Even though 89% of people believe that effective communication is extremely important, 8 out of 10 people rate their own business' communication as either average or poor.

The course is suitable for anyone. It can be used for improving communication skills, learning the basics and foundations of effective communication or it can be used as a refresher for those who consider themselves strong communicators and want to ensure they are still familiar with good practices.

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