



Preventing and Dealing with Workplace Conflict

Ongoing conflict at work can have a negative impact on employee motivation and productivity. On top of that, it can result in mental and physical health problems if it's causing long term stress. Whilst conflict cannot be completely avoided, managers and leaders can take a more proactive approach so they are able to quickly and effectively resolve conflict, as well as reduce it's cost to the business. We've put together a list of training, resources and other useful information to help you when it comes to tackling this important issue.



Resources:

[Conflict resolution feelings tool](#)

[6 steps to resolving a conflict](#)

[Comprehensive Grievance Procedure Guide](#)

[Bullying & Harassment Risk Assessment](#)

[Respectful Workplace Checklist](#)



You can find more useful resources here:

[HR Compliance FAQs and Resources](#)

[Conflict Management FAQs and Resources](#)

[Mental Health & Wellbeing FAQs and Resources](#)



Online Training Courses:

[Conflict Resolution](#)

[Equality, Diversity & Inclusion](#)

[Bullying & Harassment training for managers](#)

[Mental Health Awareness for Management](#)

[HR Compliance & Wellbeing Essentials](#)



Blogs:

[What does workplace conflict cost your business?](#)

[What to do if an employee disagrees with their manager](#)

[How to avoid being the person that generates conflict in the workplace](#)



Videos:

[Conflict Resolution Training](#)

[Workplace Conflict - What's really going on](#)

[Techniques for resolving conflict](#)



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External Help for Workplace Conflict

[Acas](#)

You can call the ACAS (Advisory, Conciliation and Arbitration Service) helpline on 0300 123 1100, or check out their website for more information.

[Citation](#)

Contact our sister company, Citation, to support you with any aspect of HR & employment law in your business. Get in touch with your iHASCO account manager, call 0345 844 1111 or email ihasco@citation.co.uk for more information.

[Books](#)

Managing Conflict by David Liddle

Dare to Lead by Brené Brown

Leaders Eat Last by Simon Sinek



Disclaimer: This guide does not provide a definitive solution to workplace conflict, and businesses should seek expert/legal advice where necessary.



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