
Person-Centred Care Training

For more information, visit our [Person-Centred Care Training](#) webpage.

COURSE CONTENTS

This training course is broken down into 2 sections

- 1 Values
- 2 Support

LEARNING OUTCOMES

- ✔ Understand how you as a carer can tailor care for peoples unique needs and requirements
- ✔ Understand the importance of the 6 person centred care values
- ✔ Learn about the need for support and how to read care plans and offer person centred support

ABOUT THIS COURSE

Person-centred values tell you how to work in a person-centred way. Generally, there are 6 recognised values for person-centred care and they are:

- Care
- Compassion
- Competence
- Communication
- Courage
- Commitment

Alternatively, the 6 Cs help you to understand that each individual has to be placed at the centre of their care and support plans. The plan must fit the individual, rather than the individual being made to fit an existing routine. This is also known as **Person Centred Working**.

Our course effectively explores the key principles and will enable carers to work in a 'person-centred' way. The course includes the legal and regulatory framework, the Care Act, tools to support person-centred approaches and risk enablement.

This course works alongside our 14 other awareness courses that make up the [Care Certificate Standards](#).

You can [access our free worksheet](#) that has been designed to accompany our online Person Centred Care Training course. In each section, there is a box for you to tick when you have watched the relevant slide in our course. You can also take notes that will help you during your practical assessment at work.

This course equips learners with the knowledge that's required to be put into practice in the workplace, whereby they can do the 'practical' part of their training, followed by having the Care Certificate supplied to them by their management as they meet the required standards. These courses provide part of training but practical training is still required to obtain the care certificate.