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# Personal Development in Care Training

For more information, visit our [Personal Development in Care Training](#) webpage.

## COURSE CONTENTS

This training course is broken down into 2 sections

- 1 Personal Development Plan
- 2 Learning and Development

## LEARNING OUTCOMES

- ✔ Understand the importance of clear objectives, targets and goals in care
- ✔ Learn how to create a personal development plan (PDP)
- ✔ Understand more about different learning styles

## ABOUT THIS COURSE

Personal development is a professional process that begins at work with the clarification of your objectives and targets and is accomplished by achieving goals that you have set yourself in order to make the most of your potential.

Standard 2 of the Care Certificate states carers must:

- Agree on a personal development plan with their employer
- Develop their knowledge, skills and understanding

The easiest way to keep track of the development of an employee is through a **Personal Development Plan (PDP)** - an action plan that helps you organise, identify learning & development needs to help you accomplish day-to-day tasks more efficiently, and then tracks the progress.

Most PDPs cover a 12 month period - so it is best practice to assess your goals annually.

This course works alongside our 14 other awareness courses that make up the [Care Certificate Standards](#).

You can [access our free worksheet](#) that has been designed to accompany our online Personal Development in Care Training course. In each section, there is a box for you to tick when you have watched the relevant slide in our course. You can also take notes that will help you during your practical assessment at work.

This course equips learners with the knowledge that's required to be put into practice in the workplace, whereby they can do the 'practical' part of their training, followed by having the Care Certificate supplied to them by their management as they meet the required standards. These courses provide part of training but practical training is still required to obtain the care certificate.