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# Unconscious Bias Training for Management

For more information, visit our [Unconscious Bias Training for Management](#) webpage.

## COURSE CONTENTS

This training course is broken down into 4 sections

- 1 Unconscious Bias in the Workplace
- 2 Strategies for Reducing Bias
- 3 Management Responsibilities
- 4 What's Next?

## LEARNING OUTCOMES

- ✓ Learn how to reduce negative the impact unconscious bias can have on organisations
- ✓ Learn about management responsibilities and to not let unconscious biases impact your decisions
- ✓ Understand what the most common types of unconscious bias are and how the mind works to form these

## ABOUT THIS COURSE

A **bias** is a judgement or opinion that's based on our own thoughts about someone or something - rather than the reality or the facts. Biases are natural (we can't help having them) but they shouldn't go unchallenged.

We have **conscious biases** which are biases we're aware of, and we have **unconscious biases** which we're unaware of - but they are stored away in our mind and they still affect what we think and how we behave.

This Unconscious Bias Training course has been created to explain how you can identify your own unconscious biases and any that exist in your workplace. It looks at how they affect decision making, working relationships and your organisation's culture. Fundamentally, this training offers practical tools for reducing the negative impact that unconscious bias can have on your organisation.

By identifying, challenging and reducing bias, management can create a more communicative, diverse and successful workforce.

This course works in conjunction with [Unconscious Bias for Employees](#), and it's the perfect partner for both [Equality & Diversity](#), and [Bullying & Harassment for Managers](#).